



NATIVE HAWAIIAN BAR ASSOCIATION

P.O. Box 2339 Honolulu Hawaii 96804

January 08, 2019

Invitation to Apply to Participate in Ho'oponopono Training with Lynette Paglinawan

Aloha kakou:

The Native Hawaiian Bar Association is honored to offer Ho'oponopono Training with Lynette Paglinawan to begin on February 9, 2019 and end on August 10, 2019. The training will be comprised of once a month sessions to take place at the offices of Farm Benedict Sugihara, TOPA Financial Center, 700 Bishop St. Ste 1601, Honolulu, HI 96813 from 8am to 3:30pm on February 9, March 9, April 13, May 11, June 8, July 6 and August 10.

Pono is fundamental to the relationships of Native Hawaiians with one another, our natural environment and the powers that be above and below. The practice of ho'oponopono, of setting to right, is the cornerstone of all Hawaiian practices.

The series being offered is given without charge. It does, however, come with responsibility on the part of participants:

- That the commitment is made by the participant from the outset to attend all sessions, full time, on time.
- That the participant makes the effort to do the reading and "homework" given by the kumu; and
- That the participant engages in the process of self-reflection.

This is a training designed to bring each participant into pono with his or herself. It is not so much that one will emerge with a haku badge or certificate; to be a haku is a long process and we are at the very beginning. Rather, it is that at the conclusion of this training the participant should know the mechanics of ho'oponopono, its vocabulary, the stages of the process, and ultimately be able to make informed referrals to this process. For those who will dive more deeply, it will be the first stage in the journey towards becoming a haku ho'oponopono.

We hope to have 15-20 persons at the beginning. After initial instructions each participant will engage in role play and each participant will have the opportunity to be the haku. Participants will engage and observe.

We intend to use www.hawaiianbar.org to post information as to the training, the reading, and shared mana'o. Cissy Farm and Yuklin Aluli can be contacted and provide our points of contact below. We attach a brief application for you to fill out and send our way before the end of January 2019.

Yuklin: yuklinaluli@gmail.com; 415C Uluniu St., Kailua, HI 96734

Cissy: lfarm@fbslawyers.com; 700 Bishop Street, Honolulu, HI 96813

HO'OPONOPONO TRAINING APPLICATION 2019

1. Name: _____
Address: _____
Telephone: _____ (CELL) _____ (W) _____ (H)
Email: _____
2. Educational background:
3. Present Employment:
4. What do you know about ho'oponopono and how did you come to know this?
5. Why do you want to participate in this training?
6. What current areas of concern/types of conflicts are you involved with at this time?
7. What do you believe are the most pressing issues in the Hawaiian community to deal with first, utilizing ho'oponopono?
8. How are these matters presently addressed where you work?
What works about the existing system?
What doesn't work about the existing system?

9. How would ho'oponopono relate to the existing system within which you work?
10. What kinds of support would be necessary for you to continue to pursue ho'oponopono training with the goal of eventually becoming and serving as a haku?
11. Are you able to pule in the context of your work?
12. After you have been completed your ho'oponopono training can you commit yourself to working with the group and, if appropriate accepting up to 6 cases a year for a minimum period of 2 years?

Yes ____ No ____

PLEASE EMAIL OR SEND VIA US POSTAL SERVICE YOUR COMPLETED APPLICATION TO:

Yuklin: yuklinaluli@gmail.com; 415C Uluniu St., Kailua, HI 96734

Cissy: lfarm@fbslawyers.com; 700 Bishop Street, Honolulu, HI 96813

DEADLINE: January 25, 2019

WE WILL CONSIDER ALL COMPLETED APPLICATIONS RECEIVED BY THE DEADLINE AND NOTIFY YOU BY FEBRUARY 1, 2019 WHETHER YOU ARE ACCEPTED INTO THE TRAINING COHORT THAT BEGINS ON SATURDAY, FEBRUARY 9, 2019.